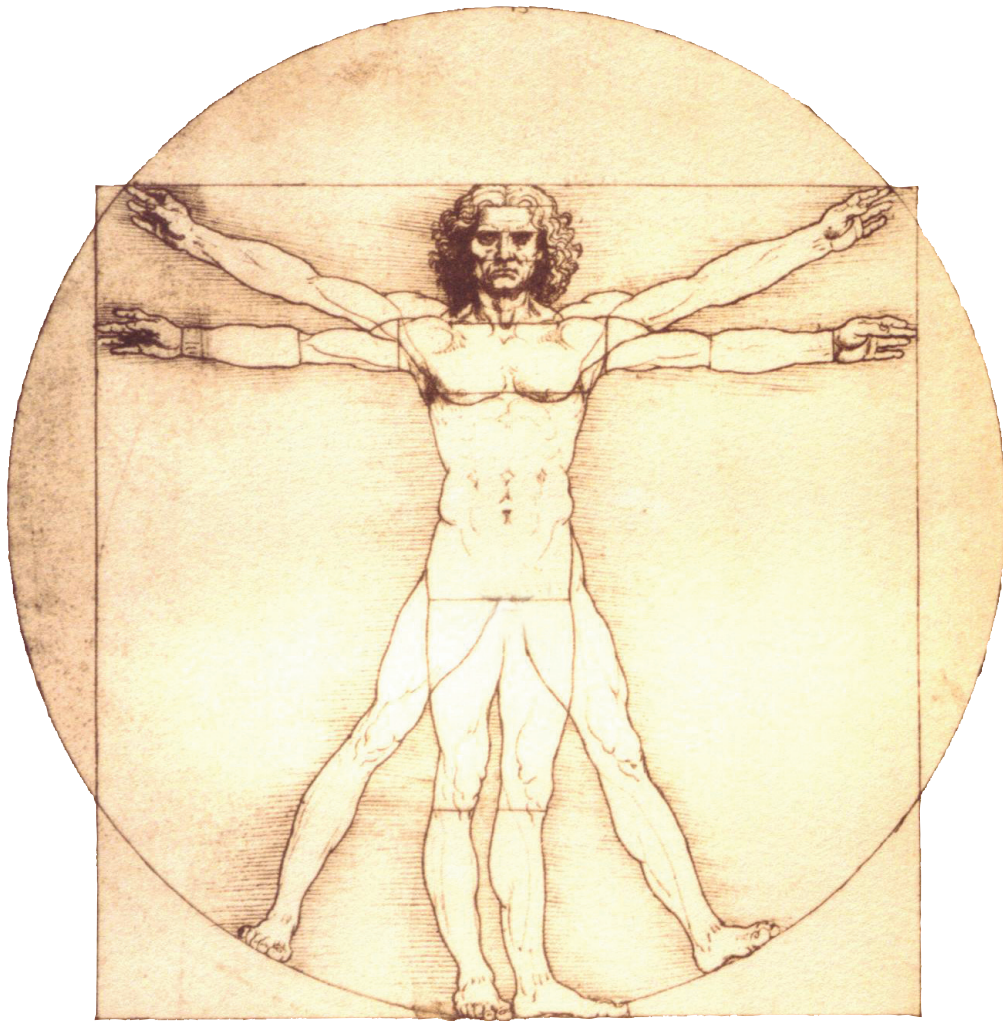


# BRAIN INJURY

## “RECONNECTING MIND AND BODY”

THE OBJECTIVE OF THE SEMINAR IS TO PROVIDE CURRENT INFORMATION ON BRAIN INJURY RECOVERY SPECIFIC TO REHABILITATION, RESEARCH AND INTEGRATIVE THERAPIES.



WEDNESDAY & THURSDAY, MAY 14 AND 15, 2008  
CEU'S AVAILABLE

SHERATON EATONTOWN HOTEL AND CONFERENCE CENTER  
ROUTE 35 AND INDUSTRIAL WAY EAST, EATONTOWN, NJ 07724



[www.bianj.org](http://www.bianj.org)

732.745.0200

# Seminar Program

Wednesday May 14, 2008

**8:00 AM - 9:00 AM: Registration Opens**

**9:00 AM - 9:15 AM: Welcome and Opening Remarks**

**9:15 AM - 10:30 AM Keynote: "A Recipe For Recovery" Michael Segal, LMSW, LMFT**

Mr. Segal's inspirational story of recovery describes critical ingredients in the recipe for recovery and the invaluable roles that attitude and hope play in the recovery process.

**10:30 AM - 10:45 AM: Exhibit Break**

**10:45 AM - 12:00 PM: Morning Workshops**

**TBI Model Systems: Mt. Sinai and Moss Rehabilitation**

*Brian D. Greenwald, MD  
Monica Vaccaro, MS*

Mt. Sinai's Model System focuses on post-traumatic brain injury, depression and fatigue. Moss Rehabilitation's Model System focuses on outcomes of persistent impaired self-awareness, evaluating treatment approaches, and controlled trials of medications in post-traumatic agitation. Participants will learn the status and benefits of the research.

**Ethics: With Real Life Examples**

*Dianne Simmons Grab, MA, CCM,  
CDMS, CLCP*

A review of the history of ethics will be provided along with definitions of morals, ethics, values and client rights. Participants will learn the impact that America's pluralistic society has on ethical decision making. Ethical dilemmas and decision-making will be learned through actual examples.

**Life After TBI: What Works and What Does Not Michael Segal, LMSW, LMFT**

The concept of "positive bombardment" will be explored. Participants will learn coping mechanisms and methods using practical strategies and techniques.

**Brain Injury Basics: Part I**

*Rene Carfi, MSW  
Peggy DiTommaso, MSW*

This session will present an overview of brain injury and the effects on families; strategies and resources will be provided.

Part II of this session will continue at 1:15.

**12:00 PM - 1:00 PM: Lunch and Mimi Goldman Positive Achievement Award Presentation**

**1:00 PM - 1:15 PM: Exhibit Break**

**1:15 PM - 2:30 PM: Afternoon Workshops**

**Can exercise improve my life after TBI?**

*Brian D. Greenwald, MD*  
Participants will be able to demonstrate a basic knowledge of previous literature on exercise in the population of people with disabilities and discuss the benefits of exercise on fatigue and depression following brain injury.

**TBI Model Systems: KMRREC and JFK Johnson Center for Head Injuries**

*Elie Elovic, MD  
Kathy Kalmar, PhD*

KMRREC's Model System focuses on relationships between patients and their caregivers, and a controlled trial to evaluate the efficacy of cognitive retraining. JFK's Model System examines recovery for individuals who are in a minimally conscious state, the effectiveness of an integrated program of cognitive rehabilitation and quality of life issues related to community integration. Participants will learn the status and benefits of the research.

**Virtual Reality Used to Improve Walking: Present Applications and Future Possibilities**

*Judith E. Deutch, PhD, PT*  
Participants will learn four different virtual reality therapies to improve walking. Off-the-shelf gaming technology as used for rehabilitation will be described.

**Brain Injury Basics: Part II**

*Rene Carfi, MSW  
Peggy DiTommaso, MSW*

\*\*\*continuation from morning session\*\*\*

**2:30 PM - 2:45 PM: Exhibit Break**

**2:45 PM - 4:00 PM: Afternoon Workshops**

**The Diagnosis and Management of Migraines**

*Marina Sobel, MD*  
This presentation will provide information on the epidemiology, diagnosis, management and treatment of migraines.

**A Collaborative Approach for Assisting People with Brain Injury Return to Work**

*Judi Weinberger, MEd, LRC, CRC*  
Participants will learn a model approach to assist people with brain injury returning to work, and the roles of the Brain Injury Association of New Jersey, Division of Vocational Rehabilitation Services, neuropsychologist and job coach.

**Resources and Connections for Caregivers**

*Carol Cashin, LCSW*  
Participants will learn about local and statewide resources to assist caregivers. Techniques and strategies will be shared among professionals and caregivers through an open discussion, and questions and answers.

**Mike at the Mike: Definition of Friendship**

*Michael Greenwald, EdM*  
A panel of people with brain injuries will discuss the needs of people with brain injury on the topic of friendship, including responsibilities.

**4:00 PM - 5:00 PM: Social and Networking Reception**  
(check the appropriate box on the registration form if you plan to attend)

# Seminar Program

Thursday May 15, 2008

**8:00 AM - 9:00 AM: Registration Opens**

**9:00 AM - 9:15 AM: Welcome and Opening Remarks**

**9:15 AM - 10:30 AM Keynote: "Recovery from Traumatic Brain Injury: Pushing the Limits"**

**Joseph T. Giacino, PhD**

Dr. Giacino will present information about his research including:

- \* The history and events leading up to the unexpected late recoveries of two individuals with severe brain injury
- \* The utility of functional neuroimaging procedures in defining the pathophysiologic features of disturbances in consciousness
- \* Potential mechanisms of recovery which may contribute to late recovery
- \* Neuromodulation strategies may alter the course of recovery from severe traumatic brain injury
- \* The importance of multidisciplinary collaboration in clinical and research activities designed to promote recovery in patients with disorders of consciousness

**10:30 AM - 10:45 AM: Exhibit Break**

**10:45 AM - 12:00 PM: Morning Workshops**

### **Visual Issues and Vestibular Integration**

*Vincent R. Vicci*

*Joel F. Lehrer, MD, FACS*

Participants will learn the effects of vestibular injuries on brain function and the adverse effects of vestibular injuries on cognitive, emotional and visual function. This session will also review the effects of vestibular injury on balance and the accompanying symptoms of dizziness and vertigo.

### **Tai Chi/Qi Gong, "Neurons That Wire Together Fire Together" or "Two Brains Are Better Than One"**

*Keith Thomas*

Participants will learn how to apply Tai Chi/Qi Gong principals to people with brain injury through breath, sound and mental imagery. An interactive demonstration will allow participants to experience deep relaxation and cleansing of mind and body and "qi flow."

### **Behavioral Changes Across the LifeSpan**

*Daniel Keating, PhD*

This presentation will explore how an individual's age at the time of injury directly affects behavioral changes throughout their lifespan and the relationship to their program needs.

### **A Cognitive-Behavioral Intervention for Caregivers of Persons With Traumatic Brain Injury**

*Angelle Sanders, PhD*

Participants will learn two impacts of traumatic brain injury on caregivers and describe one intervention and technique to help caregivers compensate for neurobehavioral deficits in the person for whom they care. They will also learn one intervention and technique to assist caregivers in managing their own stress.

**12:00 PM - 1:15 PM: Lunch and Trooper Christopher Scales Award Presentation**

**1:30 PM - 2:30 PM: Plenary Session "Protecting and Benefiting Yourself by Understanding New Jersey Law"**

**Steven Benvenisti, Esq.**

**Harrison Gordon, Esq.**

**Lenore B. Laracuate, Esq.**

Participants will learn through an interactive presentation how to fully benefit from existing New Jersey laws and take full advantage of the rights which are afforded to them. Topics will include information related to state and federal disability issues, your rights as an employee, your rights as a tenant, protection against liability and special education laws.

**2:30 PM - 2:45 PM: Exhibit Break**

**2:45 PM - 4:00 PM: Afternoon Workshops**

### **Reiki and Yoga**

*Wendy Elmo, MS, CCC/SLP,*

*BCANCDs, RMT, IET*

*Elaine Schenkel, MALS, RYT*

This presentation will discuss Reiki and Yoga for all abilities and how they are effective mediums for stress management.

### **Concepts in Neuropsychiatry and Behavioral Neurology**

*Emmanuel Hriso, MD*

Concepts in neuropsychiatry and behavioral neurology will be taught through a series of clinical vignettes, accompanied by theoretical explanations and discussion of relevant research findings in the field.

### **Understanding Behavior in Children and Adolescents**

*Lois Mishkin, MA, CCC/LDTC*

*Bradford Ross, PhD*

This session will identify how behavior and communication can be affected by brain injury and provide practical interventions for students, families and educational professionals.

### **Brain Injury in the State and Federal Political Landscape**

*Thomas Grady*

This presentation will update participants about current state and federal political issues, and inspire participants to become involved in the political process.



# Featured Speakers



*Michael Segal,  
LMSW, LMFT*

Michael Jordan Segal was a promising pre-med student when he was shot in the head during a convenience store robbery. He defied all odds by first surviving and then, returning to college where he graduated with the highest honors. Mr. Segal went on to complete graduate school and was initiated into the Phi Beta Kappa Honors Society and the National Leadership Honors Society. He has been featured in Newsweek Magazine as an “unsung hero,” and has appeared on local and national television. Mr. Segal has been a contributing author to the New York Times best-selling “Chicken Soup” books and has recently completed his autobiography entitled, “In the Blink of an Eye - the Bullet That Changed My Life.” He is currently a social worker at Memorial Hermann Hospital in Houston and a popular inspirational speaker sharing his “recepte” for recovery, happiness and success.



*Joseph T. Giacino,  
PhD*

Joseph T. Giacino, Ph.D. is the Associate Director of Neuropsychology at the JFK Johnson Rehabilitation Institute - Center for Head Injuries and the NJ Neuroscience Institute at JFK Medical Center. Dr. Giacino’s clinical and research interests include diagnostic assessment, outcome prediction and treatment of disorders of consciousness, awareness and executive function. He is the primary author of the “JFK Coma Recovery Scale-Revised.” He has published and lectured on topics pertaining to neuropsychological and neurobehavioral sequelae of severe brain injury and was instrumental in establishing a case definition for the minimally conscious state. He is a principal investigator on both federal and privately-funded research grants, investigating assessment strategies and neuromodulatory interventions designed for patients with disorders of consciousness. He is chair of the Congressional Brain Injury Task Force on Disorders of Consciousness, sits on the American Academy of Neurology workgroup, and serves on the Advisory Board of the Traumatic Brain Injury Model Systems National Data and Statistical Center.

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## Faculty

**Steven Benvenisti, Esq**

Davis, Saperstein and Salomon, P.C.

**Rene Carfi, MSW**

Brain Injury Association of New Jersey

**Carol Cashin, LCSW**

Brain Injury Association of New Jersey

**Judith E. Deutch, PhD, PT**

University of Medicine and Dentistry of New Jersey

**Peggy DiTommasso, MSW**

Brain Injury Association of New Jersey

**Wendy Elmo, MS, CCC/SLP, BCANCDs, RMT, IET**

Speech Pathologist, Ret.

**Elie P. Elovic, MD**

Kessler Medical Rehabilitation Research and Education Corporation

**Brian D. Greenwald, MD**

Mt. Sinai School of Medicine

**Michael Greenwald, EdM**

Council for the Head Injured Community (CHIC)

**Emmanuel Hriso, MD**

Christ Hospital

**Joseph T. Giacino, PhD**

New Jersey Neuroscience Institute

**Harrison Gordon, Esq.**

Gordon and Gordon, P.C.

**Dianne Simmons Grab, MA, CCM, CDMS, CLCP**

Simmons Grab & Assoc.

**Thomas Grady**

Brain Injury Association of New Jersey

**Kathy Kalmar, PhD**

JFK Johnson Rehabilitation Institute

**Daniel Keating, PhD**

Bancroft NeuroHealth

**Lenore B. Laracuente, Esq.**

Sussan & Greenwald

**Joel F. Lehrer, MD, FACS**

Holy Name Hospital

**Lois Mishkin, MA, CCC/LDTC**

Mishkin & Associates

**Bradford Ross, PhD**

Children’s Specialized Hospital

**Angelle Sander, PhD**

Institution for Rehabilitation and Research

**Elaine Schenkel**

Registered Yoga and Meditation Instructor

**Michael Segal, LMSW, LMFT**

Inspirational Speaker and Author

**Marina Sobel, MD**

Physician (Neurologist) in Private Practice

**Keith Thomas**

Tai Chi/Qi Gong Practitioner and Instructor

**Monica Vaccaro, MS**

Kessler Medical Rehabilitation, Research and Education Corp.

**Vincent R. Vicci, OD**

Private Practice

**Judi Weinberger, MEd, LRC, CRC**

Brain Injury Association of New Jersey

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Certificates will be awarded to the participants who attend the conference and submit completed evaluation forms. The number of credits for continuing education (CEs) awarded will be based upon the number of conference hours attended.

JFK Johnson Rehabilitation Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. JFK Johnson Rehabilitation Institute maintains responsibility for this program and its content.

The Department of Speech Pathology & Audiology of the JFK Johnson Rehabilitation Institute is approved by the Continuing Education Board of the AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION (ASHA) to provide continuing education activities in speech-language pathology and audiology. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Applications for CEUs have additionally been made to the following accreditation bodies:

CERTIFICATION OF DISABILITY MANAGEMENT SPECIALIST COMMISSION  
CERTIFIED REHABILITATION COUNSELORS  
COMMISSION FOR CASE MANAGER CERTIFICATION  
NEW JERSEY STATE BOARD OF PHYSICAL THERAPY EXAMINERS

NEW JERSEY STATE BOARD OF SOCIAL WORK EXAMINERS  
NEW YORK STATE CHAPTER NATIONAL ASSOCIATION OF SOCIAL WORKERS  
PENNSYLVANIA STATE BOARD OF SOCIAL WORKERS



## Fee Schedule and Registration Form

Fees Include Breakfast and Lunch

Members	One Day	(Circle One)		Two Days
Person with a brain injury	\$55	Wed	Thurs	\$95
Family members and/or students	\$70	Wed	Thurs	\$105
Professional	\$175	Wed	Thurs	\$225

Non-members	One Day	(Circle One)		Two Days
Person with a brain injury	\$70	Wed	Thurs	\$110
Family members and/or students	\$85	Wed	Thurs	\$120
Professional	\$200	Wed	Thurs	\$250

**NEW THIS YEAR!**  
**SOCIAL AND NETWORKING**  
**RECEPTION**  
*Enjoy a complimentary reception*  
*on Wednesday.*  
*Check this box if you plan to attend*

**NOTE:** Member fees reflect discounts as a benefit of membership. Non-members receive a one-year membership with their registration. Fees for persons with a brain injury, family members and students are subsidized by the Brain Injury Association of New Jersey, Inc.

**SCHOLARSHIPS:** A limited number of one-day scholarships are available for individuals with brain injury and professionals working in the field of mental health. Please call the Association at 732-745-0200 for information about how to apply.

**CANCELLATIONS AND SUBSTITUTIONS:** Cancellations will be accepted in writing, postmarked no later than May 9, 2008. There is a \$25.00 cancellation fee. You may transfer your registration to another person with 24 hour advance notice.

**Please complete one form for each individual attending the seminar**

Name \_\_\_\_\_ (for Name tags, **PLEASE PRINT**)

Day(s) Attending    **Wednesday**    **Thursday**    **Both**

Title \_\_\_\_\_ Company \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

E-mail address \_\_\_\_\_

Would you like to receive the Brain Injury Association's complimentary and informative electronic newsletter?    Yes    No

**Please make checks payable to the Brain Injury Association of New Jersey, Inc. and mail completed form to:**

**Brain Injury Association of New Jersey, Inc.**  
**825 Georges Road, 2nd Floor**  
**North Brunswick, NJ 08902**

**Credit Card payments may be faxed to 732-745-0211 or call 732-745-0200**

**If you cannot attend the seminar but are sending in a donation please check this box**

<b>Fee Worksheet</b>	
Registration Fee	\$ _____
CEU processing Fee	\$ _____
(\$15.00 if applicable)	
Total Payment	\$ _____

Credit Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_ Visa \_\_\_\_\_ Mastercard \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Date \_\_\_\_\_

Please print name on card \_\_\_\_\_

Please contact Joanna Boyd with any questions: 732-745-0200 or email to jboyd@bianj.org

**To register on-line please go to [www.bianj.org](http://www.bianj.org)**

### Hotel Accommodations

A block of rooms has been reserved for the seminar at the Sheraton Eatontown Hotel and Conference Center  
 Route 35 and Industrial Way East, Eatontown, NJ 07724  
 732-542-6500 or 800-325-3535

Reservations, including any special accommodations, need to be made in advance by April 15, 2008 in order to receive the special discounted rate of \$129.00 + tax per night, single or double occupancy.

### Directions

**From the South:** Take the Garden State Parkway North to Exit 105. Take Route 36 East to Route 35 South. Proceed to the jughandle at INDUSTRIAL WAY EAST. The hotel is on the corner.

**From the North:** Take the NJ Turnpike South to Exit 11 and then take the Garden State Parkway to Exit 105. Take Route 36 East to Route 35 South. Proceed to the jughandle at INDUSTRIAL WAY EAST. The hotel is on the corner.

**Exhibitor and Sponsorship Information is Available at [www.bianj.org](http://www.bianj.org)  
or  
Call the Association at 732-745-0200 to Request an Exhibitor Packet.**

**Save the Date!**  
**2008 Walk for Thought / Cycle for Safety**  
**Saturday, October 18**

- Washington Crossing State Park- Titusville, NJ
- Saddle River County Park- Paramus, NJ

*Brain Injury Association of New Jersey is a statewide membership organization dedicated to providing education, outreach, prevention, advocacy and support services to all persons affected by brain injury and to the general public.*

Please notify our office with any change of address

Change Service Requested

**Brain Injury Association of New Jersey, Inc.**  
825 Georges Road, 2nd Floor  
North Brunswick, NJ 08902  
Phone: 732-745-0200 Fax: 732-745-0211  
Family Helpline (Toll-Free in NJ): 1-800-669-4323  
Visit our website: [www.bianj.org](http://www.bianj.org)



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